

GRIFFITH ABORIGINAL MEDICAL SERVICE



CONGRATULATIONS!

A big congratulations to our three incredible team members! We're so proud to celebrate their amazing achievement in completing a Certificate IV in Primary Health Care Practice. Our graduates are now qualified to register as Aboriginal Health Practitioners, continuing their journey of care and making a real difference in community health!



GRIFFITH PASSPORT TO BETTER HEALTH

The 12th November was our Griffith Passport to Better Health! We had 80 people come through to complete their mini health check & over 40 pledges to be Smoke & Vape Free! Thank you to everyone that attended and a special mention to Mark Trebley for presenting his Heart Foundation Champions for Change discussions with community & Nicolette from Legal Aid for having a stall and yarning to people. What a great day!

WELLWAYS REGIONAL FORUM

On the 12th November our Youth team & two of our youth group members attended the Wellways Regional Forum in Wagga to do a presentation and panel discussion about our Uluru trip. We are very proud of Marcus & Lijanah for representing our youth service and our community, they spoke very well & even cracked some jokes. Thanks again to Wellways for contributing towards trip.



3 RIVERS FESTIVAL TOUCH COMPETITION

The TIS team travelled to Moama on the 29th November to attend the 3 Rivers Festival Touch Comp. It was good to catch up with the mob from The Koori Way! They completed over 215 Smoke & Vape Free Pledges with people from over 20 different communities! The Griffith team were also representing us by wearing our Free, Fresh & Fit singlets. A massive thank you to Clayton & the organisers for inviting our team to come along and set up our stall! What a deadly weekend.



SMOKE FREE CHAMPION

Kerrilee is our newest Smoke Free Champion! After smoking on and off for 12 years, she quit in 2021. Health concerns, rising costs and her kids' worries pushed her to make the change. Quitting improved her breathing, reduced illness, eased anxiety and strengthened her overall health and finances. Kerrilee now feels stronger, happier and proud of the choice she made and encourages others to choose their health too. Thank you, Kerrilee, for sharing your story and inspiring our community. If you're thinking of quitting, contact the Free, Fresh & Fit team for support.

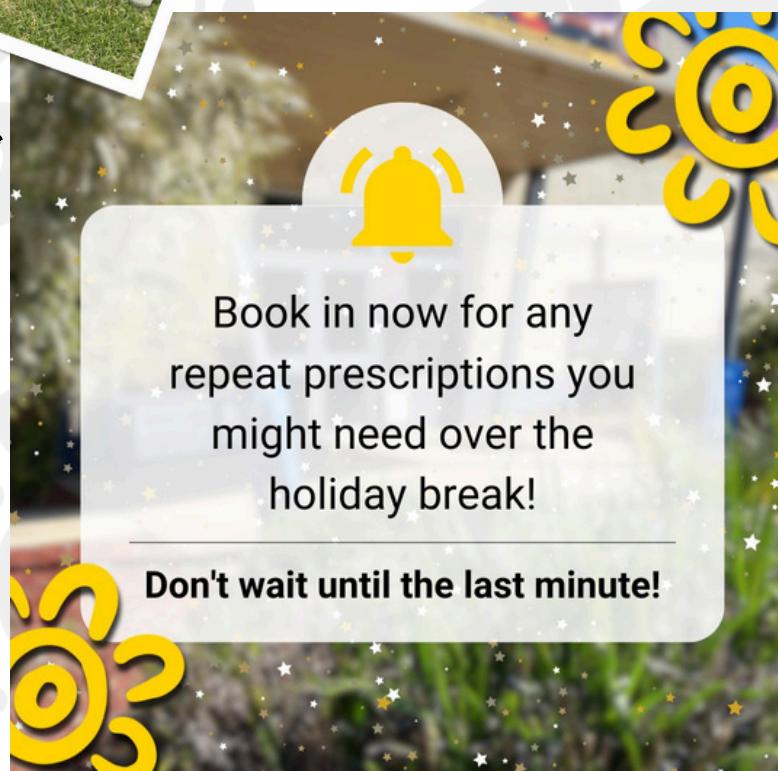


FRIENDLY REMINDER

Make sure you book in now for any repeat prescriptions you might need over the holiday break you mob! Give Reception a call now on 6962 0000.

YOUTH TOUCH FOOTY TEAM PARTNERSHIP

Our TIS team is partnering up with the Youth Team's touch footy side! The boys are sporting the NEW Smoke & Vape Free Grip Socks, representing a healthy, smoke and vape free lifestyle.



**STEP UP
NOW, GET
CHECKED
EARLY!**
Screening is
free, quick
and could save
your life.



DENTAL TEAM VISIT

Our Dental Team had a great visit from Paediatric Dentist Dr Mary-Anne Slaters last Friday. We're grateful for her ongoing support and the care she gives to our kids. Strong partnerships make stronger smiles.



DON'T DELAY, SCREEN TODAY!

We are excited to launch a new cancer screening campaign with Cody Walker and Braydon Trindall, helping us spread an important message to the community.

You might have already seen our new billboard above Central Plaza or caught the ad running on TV. Both are part of our push to remind mob that cancer screening is quick, free and can make a real difference, not just for you but for your family and everyone who loves you. When we look after ourselves, we are keeping our whole community strong.

This campaign is about encouraging our people to get in early, stay healthy and be here for all the moments that matter.

Don't Delay, Screen Today. Book our screening with Griffith AMS and let's keep our mob healthy together!

GAMS HOLIDAY CLOSING DATES



CLIENT CONFIDENTIALITY

Protecting the privacy and rights of our clients and individuals within our community is a priority to the Board of Management and Staff of the AMS.

There are strict guidelines and safeguards in place to ensure that this happens. Any breach of AMS policy in regard to this matter will result in swift disciplinary action against any AMS Board or Staff Member.



THE GRIFFITH ABORIGINAL MEDICAL SERVICE PRESENTS:

Woolie Workshop

FACILITATED BY MELISSA CUMMINGS

Weaving is an ancient art that connects us to Country, culture and community.

 FRIDAY 12TH DECEMBER 2025

 GRIFFITH AMS MULTI PURPOSE ROOM

 10AM - 2PM

MORNING TEA & LUNCH PROVIDED

Register Now!

CONTACT GAMS ON 6962 0000 TO REGISTER OR FOR ANY FURTHER INFORMATION



Miimi Connections

CELEBRATING SISTERHOOD, CULTURE, AND CONNECTION FOR YOUNG ABORIGINAL WOMEN AGED 12-24

EVERY WEDNESDAY FOR TERM 4 2025

STARTING ON THE 29TH OCTOBER

YOUTH SAFE SPACE

CNR ULONG ST & OLYMPIC ST

TRANSPORT HOME PROVIDED

DON'T SIT ON THE SIDELINE, GET CHECKED!

SCREENING IS FREE, QUICK AND COULD SAVE YOUR LIFE

DON'T DELAY, SCREEN TODAY



 BOOK IN AT THE GRIFFITH AMS



ABORIGINAL YOUTH MEN'S GROUP

EMPOWERING
BROTHERHOOD, CULTURE,
AND COMMUNITY FOR
YOUNG ABORIGINAL MEN
AGED 12-24

EVERY WEDNESDAY FOR TERM 4 2025

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