

GRIFFITH ABORIGINAL MEDICAL SERVICE



FOOTY COLOURS FAMILY FUN DAY



On Wednesday 1st October we held our Stronger Together: Footy Colours Family Fun Day. The vibes were unreal with footy colours everywhere, kids running around with smiles, families enjoying the rides and stalls, and our youth getting involved in every comp they could. Having Latrell Mitchell and Bradman Best with us was the cherry on top. The Community All Stars came out firing in the big game and walked away as the inaugural Stronger Together Cup champions. It was competitive, fun and one for the memories. From the canteen crew to the BBQ legends, the refs, stallholders, donors, and our community mentors who brought the energy, you all made the day what it was. Most of all, seeing our youth and community come together, even while many are walking through tough times, is what makes this so special. Thank you to everyone who showed up, helped out, cheered on and wore their colours with pride. Stronger Together is not just the name of the day, it is who we are!



CONDONBOLIN PASSPORT TO BETTER HEALTH

On Tuesday 14th October the TIS Team held the Condobolin Passport to Better Health! We had close to 50 people come down and complete a mini health check! Thanks to all of the community members that participated & the team from Central West Family Support Group for partnering with us on the day.

LAKE CARGELLIGO MENTAL HEALTH GATHERING

Our Youth Team headed out to Lake Cargelligo for a Mental Health Gathering on Friday 10th Oct! Everyone enjoyed some time by the water with fishing, painting, sharing yarns, and finishing off with a BBQ feed. It was all about connection, good vibes, and taking care of our mental health together.



WAGGA VISUAL DREAMING

Rebecca, Shelby & Malachi attended the Wagga Visual Dreamings NAIDOC League Tag Gala Day, where they had over 150 Smoke & Vape Free Pledges and gave out our NEW Free, Fresh & Fit Basketball Singlets. Thanks to everyone that pledged on the day!

POWER OF PINK

On Thursday 23rd October we came together for our Power of Pink Breast Cancer Awareness Luncheon, a beautiful day filled with connection, conversation and community spirit. A heartfelt thank you to everyone who helped make the day so special: The Coro Club Griffith for kindly donating the morning tea, with special thanks to Katie and her team. Anna from Style by Hire for the stunning event styling that brought our vision to life. Griffith Breast Cancer Support Group for their ongoing support. Our inspiring guest speakers for sharing their stories and wisdom. And finally, to everyone who attended, thank you for joining us and showing your support. Together, we continue to spread awareness and encourage early screening.



BRUNGLE NAIDOC YOUTH EVENT

This month Jess & Michaela travelled to Tumut for the Brungle NAIDOC Youth event on 23rd Oct where 300 students visited their stall and got merch and information about being smoke & vape free!

BOOK A BREAST SCREENING

A quick, caring, and deadly experience! Getting your breast screen only takes 20 minutes and it could save your life. Book your free screening today ❤️





GAMS MENTAL HEALTH DAY 2025

On Tuesday 21st October the Family Wellbeing Team held a Mental Health Day at Memorial Park!

Thank you for everyone who came along and to the service providers for providing lots of freebies!

HAY MENTAL HEALTH GATHERING

Our Youth Team travelled to Hay for an awesome day out this month! They went fishing and caught 3 fish, got creative with some painting, and wrapped it all up with a BBQ feast. Big thanks to Senior Constable Alex for driving the bus and making sure they all got there and back safely. Huge shoutout to Dooki, Jason, and David for coming down and joining long. A special thank you to Chloe from Interreach and Kylie from Hay Shire Council for joining in and supporting the day.



MORE PICS FROM OUR FOOTY COLOURS FAMILY FUN DAY



CLIENT CONFIDENTIALITY

Protecting the privacy and rights of our clients and individuals within our community is a priority to the Board of Management and Staff of the AMS.

There are strict guidelines and safeguards in place to ensure that this happens. Any breach of AMS policy in regard to this matter will result in swift disciplinary action against any AMS Board or Staff Member.





Miimi Connections

CELEBRATING SISTERHOOD, CULTURE, AND CONNECTION
FOR YOUNG ABORIGINAL WOMEN AGED 12-24

EVERY WEDNESDAY FOR TERM 4 2025
STARTING ON THE 29TH OCTOBER

YOUTH SAFE SPACE
CNR ULONG ST & OLYMPIC ST
TRANSPORT HOME PROVIDED

Vindyamarra Yarns

SOCIAL & EMOTIONAL
WELLBEING SUPPORT GROUP

Supporting Aboriginal
Women 50yrs and over

MEETING ON THE 2ND & 4TH FRIDAY OF
EACH MONTH FROM 11AM-1PM IN THE
GAMS MULTI-PURPOSE ROOM

Enjoy an afternoon of connection,
a shared meal and refreshments.

FOR ANY FURTHER
INFORMATION PLEASE CONTACT
APRIL DARGIN ON 6962 0000

Mudgi Yarns (Mate)

Social & Emotional
Wellbeing Social Group

Supporting Aboriginal
Men 50yrs and over

Meeting on the 1st & 3rd
Thursday of each month
10.30am-12.30pm in the
GAMS Multi-Purpose Room

Come along for a Yarn,
feed & a cuppa!

For any further information
please contact Richard
Bamblett on 6962 0000



ABORIGINAL YOUTH MEN'S GROUP

EMPOWERING
BROTHERHOOD, CULTURE,
AND COMMUNITY FOR
YOUNG ABORIGINAL MEN
AGED 12-24

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