

The Griffith Aboriginal Medical Service offers the services of a Social and Emotional Wellbeing (SEWB) Team based within our Medical practice in Griffith

The team provides regular outreach services as well as attendance to outlying areas within our catchment area by appointment.

The Social Emotional Wellbeing Team offer the following services:

SEWB Worker

- Provides referral, support and advocacy when you need to deal with GAMS or other mainstream services
- Connect you with other services to assist with any issues you may be facing

Bringing Them Home Worker

- Aimed to assist members from the Stolen Generations, their families and their descendants.
- Connect you with other services and agencies to support you with family history research, reunion and post reunion services

Trainee Mental Health Worker

- Assists in the development of mental health services to promote social and emotional wellbeing
- Aims to provide prevention and intervention activities to address mental health and drug and/or alcohol services
- Connect and advocate for you with mainstream services

Counselling

- Counselling offers an opportunity for self-discovery, improved expression and management of emotions and relief from depression, anxiety or other mental health conditions by identifying underlying stressors. Counsellors help individuals to look at negative behaviour patterns to gain a new perspective on life choices and strengthen the ability to deal with self-defeating habits. Counselling assists by addressing problems in a more positive way by exploring options and creating awareness, this empowers individuals to further explore aspects of their lives they would like to change.

All services
provided by the
Griffith
Aboriginal
Medical Service
are free of
charge and
strictly
confidential!

For more information or
to schedule an
appointment please
contact Vickie Louise at
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Social &
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